ALCOHOL CRAVING QUESTIONNAIRE — SHORT FORM — REVISED
(ACQ—SF–R)

INSTRUCTIONS: Please indicate how much you agree or disagree with each of the following statements by placing a single checkmark (like this: X) along each line between STRONGLY DISAGREE and STRONGLY AGREE. The closer you place your checkmark to one end or the other indicates the strength of your disagreement or agreement. We are interested in how you are thinking or feeling right now as you are filling out this questionnaire. Please complete every item.

RIGHT NOW

1. If I had some alcohol, I would probably drink it.

2. I miss drinking.

3. I am not making any plans to drink.

4. I could not stop myself from drinking if I had some alcohol here.

5. I want to drink so bad I can almost taste it.

6. I would feel less irritable if I used alcohol now.

7. If I used alcohol, I would feel less tense.

8. Drinking would not be very satisfying.

9. I would feel less restless if I drank alcohol.

10. If I were using alcohol, I would feel less nervous.

11. It would be easy to pass up the chance to use alcohol.

12. Drinking would put me in a better mood.
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SCORING KEY

CONTENT VALIDITY AND RELIABILITY. The Alcohol Craving Questionnaire—Short Form (ACQ—SF–R: Singleton, 1997) contains 12 items from the 47-item Alcohol Craving Questionnaire (ACQ-NOW) developed to assess craving for alcohol among alcohol users in the current context (right now). Items were derived from the initial validation study (Singleton et al., 1996) of the ACQ-NOW administered to 219 subjects who had used alcohol at least once in the last 30 days. The ACQ—SF–R contains 12 items strongly correlated with the four subscales and total ACQ (Tiffany et al., 2000).

Factor naming is consistent with the ACQ-NOW (Drobes et al., 1999; Potgeiter et al., 1999; Singleton et al., 1998). The following item sets provide subscales that approximate each factor. Each item has seven compartments that are checked-off and are scored in the fashion of 1-7 to yield an item raw score. Then perform the operation (8- reverse-keyed item raw score = raw score) for reverse-keyed items (marked with an *). Then sum the raw scores for each factor and divide by three (3) to yield a factor-based score. A general craving index may be derived by summing all items (total ACQ score) and dividing by 12 (the number of items with significant loadings).

FACTOR 1
Compulsivity (COMP), urges and desires in anticipation of loss of control over drinking – 3 ITEMS
ITEM NUMBER (Factor loading): 4 (.46), 5 (.63), 6 (.51)
RELIABILITY\(^a\): .79

FACTOR 2
Expectancy (XPCT), urges and desires to drink in anticipation of the positive benefits of drinking – 3 ITEMS
ITEM NUMBER (Factor loading): 1 (.44), 2 (.37), 12 (.43)
RELIABILITY: .77

FACTOR 3
Purposefulness (PURP), urges and desires coupled with intent and planning to drink – 3 ITEMS
ITEM NUMBER (Factor loading): 3* (.57), 8* (.68), 11* (.68)
RELIABILITY: .77

FACTOR 4
Emotionality (EMOT), urges and desires to drink in anticipation of relief from withdrawal/negative affect – 3 ITEMS
ITEM NUMBER (Factor loading): 7 (.41), 9 (.47), 10 (.45)
RELIABILITY: .86

\(^a\) Reliability value is estimated standardized alpha coefficient.

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