Please mark the answer that is correct for you.

### 1. How often do you have a drink containing alcohol?

- Never [ ]
- Monthly or less [ ]
- 2 to 4 times a month [ ]
- 2 to 3 times per week [ ]
- 4 or more times a week [ ]

### 2. How many drinks containing alcohol do you have on a typical day when you are drinking?

- 1 or 2 [ ]
- 3 or 4 [ ]
- 5 or 6 [ ]
- 7 to 9 [ ]
- 10 or more [ ]

### 3. How often do you have six or more drinks on one occasion?

- Never [ ]
- Less than monthly [ ]
- Monthly [ ]
- 2 to 3 times per week [ ]
- 4 or more times per week [ ]

### 4. How often during the last year have you found that you were not able to stop drinking once you had started?

- Never [ ]
- Less than monthly [ ]
- Monthly [ ]
- 2 to 3 times per week [ ]
- 4 or more times per week [ ]

### 5. How often during the last year have you failed to do what was normally expected from you because of drinking?

- Never [ ]
- Less than monthly [ ]
- Monthly [ ]
- 2 to 3 times per week [ ]
- 4 or more times per week [ ]

### 6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

- Never [ ]
- Less than monthly [ ]
- Monthly [ ]
- 2 to 3 times per week [ ]
- 4 or more times per week [ ]

### 7. How often during the last year have you had a feeling of guilt or remorse after drinking?

- Never [ ]
- Less than monthly [ ]
- Monthly [ ]
- 2 to 3 times per week [ ]
- 4 or more times per week [ ]

### 8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

- Never [ ]
- Less than monthly [ ]
- Monthly [ ]
- 2 to 3 times per week [ ]
- 4 or more times per week [ ]

### 9. Have you or someone else been injured as a result of your drinking?

- No [ ]
- Yes, but not in the last year [ ]
- Yes, during the last year [ ]

### 10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

- No [ ]
- Yes, but not in the last year [ ]
- Yes, during the last year [ ]

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